

Full Body Harnesses



A full-body harness is the primary component of a personal fall arrest system, engineered to distribute impact forces across the shoulders, chest, pelvis, and thighs. By securely holding the body during a fall, it minimizes the risk of severe internal injury compared to traditional safety belts. It is an indispensable life-safety tool for any professional working at heights of 6 feet or more.

Standard Features of a Quality Harness

- **Dorsal D-Ring:** A reinforced back attachment point designed for fall arrest, ensuring the worker remains upright after a fall.
- **Adjustable Straps:** High-strength webbing with adjustable buckles at the legs, chest, and shoulders to ensure a snug, customized fit for any body type.
- **Breathable Padding:** Ergonomic padding on the shoulders and legs to reduce pressure points and improve comfort during extended use.
- **Sub-Pelvic Strap:** A critical lower strap that supports the body and helps distribute the weight effectively across the pelvic area during a fall event.